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## ***Welcome to the Trauma Informed Training Series***

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**We designed this series to support all staff, with videos, resources, and strategies they can implement right away to address the challenges they face every day.**

### **What is the Trauma Informed training series?**

The Trauma Informed Training Series makes it easy to support staff by providing critical information on ACEs and their impact, and practical and effective strategies to build a trauma-informed culture of care. Our toolkit helps your staff immediately apply a trauma-informed approach to their daily practice.

The Trauma Informed Training series provides:

- 8-12 minute videos designed to help all staff understand the ACEs research, learn strategies to create resiliency, and build a trauma-informed mindset
- Summaries and discussion guides for extended and ongoing professional learning
- Quizzes and certificates to check understanding of concepts and strategies and track progress
- Printable job-specific guides and tools for all staff roles
- Manager tools to assign content and track progress through videos and quizzes
- Easy set-up and administration



### **What to expect from 321insight:**

1. Account creation and support for staff and managers
2. In-depth onboarding call with a dedicated Implementation Specialist to ensure your team understands the tools and resources available, with tips and strategies to help you implement the solution effectively
3. Periodic check-ins to ensure you have the support to reach your goals
4. Schedule end-of-year call to assess progress towards goals and plan next steps
5. Email and phone access to get all questions answered promptly:
  - a. Email: [support@321insight.com](mailto:support@321insight.com)
  - b. Phone: (503) 243-1384



## Tips to help you get started:

- Log into your account ([www.321insight.com](http://www.321insight.com)) and click the Manager tab to view and download implementation guides and other resources.
- Make sure you schedule and participate in the video onboarding call
- Communicate with your staff to make sure they know this professional learning is available to them
- Determine the implementation model that best fits your needs. Suggested models include:
  - **Independent Study:** All participants receive a license and engage with the videos and resources independently, at their own pace
  - **Hybrid:** Participants engage with some content/resources independently and convene as a group to deepen the learning
  - **Fully Facilitated Model:** A site-based facilitator leads half or full day learning sessions with groups of educators
- Review content and decide what videos you may want to assign:
  - To groups you create within the platform
  - To individuals as needed
- Review the **Survey Tool** to determine if you want to survey staff before you implement, about:
  - Self-assessed starting points
  - Areas of interest for learning opportunities
  - Goals for the learnings
  - Other areas of interest