

321 Insight Launches New Social and Emotional Learning Module for Paraeducators

Leading provider of online training helps districts 'equip staff with supportive mindset around student behavior and skills'

PORTLAND, Ore. (Feb. 9, 2021) — <u>321 Insight</u>, an online professional learning company focused on paraeducator training and trauma-informed practices, today announced the launch of a new Social and Emotional Learning module to its ParaSharp Online Training.

Organized around the five CASEL SEL competencies, the new module provides brief (five- to six-minute) interactive videos that help paraprofessionals and other classified staff understand SEL and learn how and why these skills benefit educators and students. Each video in the ParaSharp SEL Module gives paraeducators five practical and applicable ways they can support the development of SEL skills in students.

"We are thrilled to provide paraprofessionals with relevant and engaging content to help them more effectively support the social and emotional needs of students," Dr. Will Henson, clinical psychologist and co-founder of 321 Insight, said. "By starting with training adults first, we help districts equip their staff with a supportive mindset around student behavior and skills."

ParaSharp features an <u>online training kit</u> of brief videos and tools to give paraeducators the essential skills they need to appropriately address challenging behaviors, support SEL, build resiliency, and develop positive relationships with students – both virtually and in-person. With these skills and tools, paraeducators will be more effective in their roles, Dr. Henson said.

Each video includes a Summary and Discussion Guide in English and Spanish, as well as a quiz and certificate to track progress. The new Social and Emotional Learning module rounds out ParaSharp's other modules, which are dedicated to:

- Personal and Professional Boundaries
- Understanding and Managing Behavior
- Managing a Crisis
- Helping Students Build Skills
- Thinking and Acting Proactively
- Staff Self-Care and Wellness
- Diversity and Inclusive Practices

"ParaSharp is a game-changer tool in equipping our special education paras for classroom instruction and behavior management," Jennifer Warren, executive director of special services for the Midland (Texas) Independent School District, said.

321 Insight's online professional development resources are designed by experts and practitioners and offer a flexible solution to educator training. The organization delivers cost-effective, easy-to-

implement solutions for training staff, increasing their ability to support learners with diverse needs.

For more information about 321 Insight's flexible training options, visit www.321insight.com/schools.

About 321 Insight

321 Insight empowers all school staff to meet the needs of today's students through accessible online content and a proven training model. Created by industry experts and experienced practitioners, the organization equips educators with practical, actionable strategies and guidance to support every learner. 321 Insight offers on-demand digital content that covers topics including trauma-informed practices, behavior management and support, inclusion strategies, setting boundaries, thinking functionally, support strategies for diverse learners and SPED eligibility. To learn more, visit www.321insight.com.

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