



## 321insight September Newsletter

# The Importance of Setting Personal and Professional Boundaries

Boundaries are like lines on a playing field, they help us know where we need to stay within our professional roles. Many students struggle with boundaries, making it essential for staff to set and maintain personal and professional boundaries. The below four boundaries are great guidelines to maintain healthy boundaries with students:

- 1. Staff/student boundary.** Establish yourself as a staff person rather than a friend.
- 2. Work/home boundary.** What happens at home should stay at home. Maintain a separation between your home and work life.
- 3. Personal distance boundary.** Keep appropriate distance between you and the students. This may include not giving hugs or standing too close.
- 4. Advice giving boundary.** Make sure to keep your advice contained to within your professional role, such as educational matters or social issues that come up at school.

Setting these boundaries help to preserve your ability to work with students while maintaining a focus on learning. Boundaries also protect you from accusations of impropriety or favoritism, model healthy student-teacher relationships for students, and preserve your privacy by keeping the focus on school.

If you license ParaSharp, you can check out additional resources to support your staff by logging into your account [here](#).



## District Spotlight

### Rock Hill School District - South Carolina

Rock Hill SD uses both ParaSharp and Trauma Informed training series, and appreciates the flexibility of the trainings to support all staff in a way that meets their needs.

"Best of all, we have a high level of usage districtwide, which demonstrates how valuable the staff view the product."

- Peter Kosko, Assistant Director



[Read more](#)

## See what schools found implementing the Trauma Informed series...

**DISTRICTS REPORTED ON THEIR WORK TO BUILD A TRAUMA-INFORMED AND RESILIENCE-ORIENTED SCHOOL ENVIRONMENT.**

### In a recent survey...

Staff across 12 districts have shared with us their top priorities when it comes to building a trauma-informed environment, and their outcomes to using the Trauma Informed series. Are you seeing these kinds of results?

[Click here to learn more.](#)

**Are you a ParaSharp subscriber? If so, help your staff set boundaries today using the Personal and Professional Boundaries video and Insight Sheet!**

[Click here to login and access ParaSharp](#)

**Did you miss our recent Education Week webinar? It's not too late to watch!**

